

## Daily Prayers for Followers of Yeshua

### Upon Rising

מוֹדָה אָנִי לְפָנֶיךָ מֶלֶךְ חַי וְקַיִם שֶׁהֵחֵזַרְתָּ בִּי נִשְׁמָתִי בְּחַמְלָה רַבָּה אֱמוּנָתְךָ  
*modeh ani l'faneicha melech chai v'qa-yam shehechezarta bi nishmati b'chem'lah rabbah emunatecha*

I give thanks before you, O King living and eternal, for you have restored my soul within me with compassion – Great is Your faithfulness.

### Blessing of the Messiah

בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם  
אֲשֶׁר נָתַן לָנוּ הַדֶּרֶךְ לְיִשׁוּעָה בְּמַשִּׁיחַ יֵשׁוּעַ אֲמֵן

*Baruch atah Adonai Eloheinu Melech ha-olam  
Asher natan lanu ha-derekh l'y'shuah ba'mashiach Yeshua amein*

Blessed are You, O LORD our God, King of the universe  
Who has given us the way of salvation in Messiah Yeshua, amen.

### Yeshua's Model Prayer

אָבִינוּ שֶׁבַשְׁמַיִם יִתְקַדֵּשׁ שִׁמְךָ

*Avinu shebashamayim yit-qadesh shimcha*  
Our Father in Heaven, may Your name be kept holy.

May Your Kingdom come, Your will be done on earth as in heaven. Give us the food we need today. Forgive us what we have done wrong, as we too have forgiven those who have wronged us. And do not lead us into hard testing, but keep us safe from the evil one. [For kingship, power and glory are Yours forever.] Amen.

### The Attributes of Yah

יְהוָה יְהוָה אֵל רַחוּם וְחַנּוּן

*Yahweh Yahweh el rachum v'channun*  
Yahweh, Yahweh, God, compassionate and gracious,

slow to anger, abounding in lovingkindness and truth, extending kindness to the thousandth generation, forgiving iniquity and transgression and sin.

To Him who is able to keep you from falling, and to present you before His glorious presence without fault and with great joy; to the only God our Savior be glory, majesty, power and authority through Yeshua Messiah our Lord, from before all ages, now, and forever more.

## The Shema and V'ahavta

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד  
בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד

*Shema Yisra'el Adonai Eloheinu Adonai Echad  
Baruch shem kevod malchuto l'olam va'ed*

Hear, O Israel, the LORD is our God, the LORD is One.  
Blessed is His glorious name; His kingdom is forever and ever.

וְאַהֲבַתְּ אֵת יְהוָה אֱלֹהֶיךָ בְּכָל-לִבְבְּךָ וּבְכָל-נַפְשֶׁךָ וּבְכָל-מְאֹדְךָ

*v'ahavta et Adonai Eloheicha, b'chol levav'cha, uv'chol nafshecha, uv'chol me'odecha*

And you shall love the LORD your God with all your heart, and with all your soul, and with all your might.

And have these words, which I command you this day, be upon your heart. And you shall teach them diligently to your children, and speak of them when you sit in your house, when you walk by the way, when you retire, and when you arise. And you shall bind them for a sign upon your hand and let them be frontlets between your eyes. And you shall write them on the doorposts of your house and upon your gates.

וְאַהֲבַתְּ לְרֵעֶךָ כָּמוֹךָ

*v'ahavta l're'acha chamocha*

And you shall love your neighbor as yourself.

## Ma Tovu (How Lovely)

מַה טֹּבוֹ אֹהֶלְךָ יַעֲקֹב מִשְׁכְּנֹתַיִךְ יִשְׂרָאֵל

*Ma tovu ohalecha Ya'akov, mishkenotecha Yisra'el*

How lovely are your tents, O Jacob; your tabernacles, Israel.

Through Your abundant kindness I will enter Your house; in awe I will bow down toward Your holy sanctuary. O LORD, I love the house where you dwell and the place where your glory resides. I will prostrate myself and bow, bend the knee before the LORD my maker. As for me, O LORD, may my prayer be to you at an acceptable time. In your great mercy, O God, answer me with the truth of Your salvation.

## Mi Chamocha (Who Is Like You?)

מִי כְּמִלְכָּה בְּאֵלִים יְהוָה מִי כְּמִלְכָּה נְאֻדָּר בְּקֹדֶשׁ נֹרָא תְהִלַּת עֲשֵׂה פֶלֶא

*Mi chamocha ba'elim Adonai mi chamocha nedar ba'qodesh nora tehillot oseh feleh*

Who is like You, O LORD, among the Gods? Who is like you? Glorious in holiness, awesome in praise, doing wonders.

# תפילת העמידה - שמנה עשרה

## Tefillat haAmidah – Shemoney Eshreh

### The Standing Prayer – Eighteen (Benedictions)

#### Sefatai (My Lips)

אֲדֹנָי שְׂפָתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלָּתֶךָ

*Adonai sefatai tiftach ufi yagid tehilatecha*

Adonai, open up my lips that my mouth may declare Your praise (Psalm 51:15).

#### 1. Avot (Fathers)

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ

*Baruch atah Adonai Eloheinu v'elohei avoteinu*

Blessed are You, O LORD our God and God of our fathers,

God of Abraham, God of Isaac, and God of Jacob, the great, mighty and awesome God, the most high God, Who bestows grace and creates all, and remembers the kindness of the Fathers, and brings [the] Redeemer [Yeshua] to their children's children, for His name's sake with love.

O King, Helper, Savior and Shield,

בָּרוּךְ אַתָּה יְיָ מֶגֶן אַבְרָהָם

*Baruch atah Adonai, magen Avraham*

Blessed are You, O LORD, Shield of Abraham.

#### 2. Gibor (Might)

You are eternally mighty, my Lord, the Resurrecter of the dead are You; great in salvation. Who sustains the living with kindness, resurrects the dead with great mercy, supports the fallen, heals the sick, releases the confined, and keeps His faith to those asleep in the dust. Who is like You, O Master of mighty deeds, and who is comparable to You, O King who causes death and restores life and makes salvation sprout? You [Who resurrected Yeshua] are faithful to resurrect the dead.

בָּרוּךְ אַתָּה יְיָ מְחַיֶּה הַמֵּתִים

*Baruch atah Adonai, mechaiyeh hametim*

Blessed are You, O LORD, Who resurrects the dead.

### 3. Kadesh et HaShem (Holiness of The Name)

You are holy and Your Name is holy, and holy ones praise You every day.

בָּרוּךְ אַתָּה יְהוָה הָאֵל הַקְּדוֹשׁ

*Baruch atah Adonai, ha'El hakadosh*

Blessed are You, O LORD, the holy God.

### 4. Binah (Understanding)

You show favor to a man of knowledge, and teach understanding to a mortal man. Be gracious to us. A mind of understanding and intellect is from You.

בָּרוּךְ אַתָּה יְהוָה חוֹנֵן הַדַּעַת

*Baruch atah Adonai, chonen hada'at*

Blessed are You, O LORD, Who favors the knowledge.

### 5. Teshuvah (Repentance)

Bring us back, our Father, to Your Torah, and bring us closer, our King, to Your service, and make us return in complete repentance before You.

בָּרוּךְ אַתָּה יְהוָה הַרוֹצֵה בְּתִשְׁבּוּבָה

*Baruch atah Adonai, harotzeh bit'shuvah*

Blessed are You, O LORD, Who desires repentance.

### 6. Selach (Forgiveness)

Forgive us, our Father, for we have erred; pardon us, our King, for we have intentionally sinned, for You pardon and forgive.

בָּרוּךְ אַתָּה יְהוָה חַנוּן הַמַּרְבֵּה לְסִלַּח

*Baruch atah Adonai, chanun hamarbeh lislo'ach*

Blessed are You, O LORD, who pardons abundantly.

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### 7. Ge'ulah (Redemption)

Behold our affliction, take up our grievance, and save us soon for the sake of Your Name, for You are a powerful Redeemer.

בָּרוּךְ אַתָּה יְהוָה גּוֹאֵל יִשְׂרָאֵל

*Baruch atah Adonai, go'el Yisra'el*

Blessed are You, O LORD, Redeemer of Israel.

## 8. Refuah (Healing)

Heal us, O LORD, and we shall be healed; save us, and we shall be saved, for You are our praise, and bring complete recovery for all our ailments, for You are God, King, the faithful and compassionate Healer.

בְּרוּךְ אַתָּה יְהוָה רֹפֵא חֹלֵי עַמּוֹ יִשְׂרָאֵל

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*Baruch atah Adonai, rofeh cholei amoh Yisra'el*

Blessed are You, O LORD, Who heals His people Israel.

## 9. Birkat HaShanim (Blessings of the Years)

Bless for us, O LORD our God, this year and its crops. Give us blessing, and give dew and rain for blessing on the face of the earth, and satisfy us from Your goodness, and bless our year like the other good years.

בְּרוּךְ אַתָּה יְהוָה מְבָרֵךְ הַשָּׁנִים

*Baruch atah Adonai, mevarech hashanim*

Blessed are You, O LORD, Who blesses the years.

## 10. Kibbutz Galuyot (Ingathering of Exiles)

Sound the great shofar for our freedom, and raise a standard to gather our exiles [from both houses of Israel], and gather us [in Messiah Yeshua] from the four corners of the earth.

בְּרוּךְ אַתָּה יְהוָה מְקַבֵּץ נִדְחֵי עַמּוֹ יִשְׂרָאֵל

*Baruch atah Adonai, mekabetz nid'chei amoh Yisra'el*

Blessed are You, O LORD, Who gathers the dispersed of His people Israel.

## 11. Birkat HaDin (Justice)

Restore our judges as in early times and our counselors as at first; remove from us our sorrows and troubles; we want You, O LORD, alone, to rule over us with kindness and compassion and to justify us in justice.

בְּרוּךְ אַתָּה יְהוָה מֶלֶךְ אוֹהֵב צְדָקָה וּמִשְׁפָּט

*Baruch atah Adonai, melech ohev tzedakah u'mishpat*

Blessed are You, O LORD, King Who loves righteousness and justice.

## 12. Tzadikim (The Righteous)

On the righteous, on the devout, on the elders of Your people, the house of Israel, on the remnant of their scribes, on the righteous converts and on us, may Your compassion be aroused, O LORD our God, and give good reward to all those who truly trust Your Name. May You put our share among them forever, and we shall not be ashamed, for You we trust.

בְּרוּךְ אַתָּה יְהוָה מְשַׁעַן וּמְבַטֵּחַ לְצַדִּיקִים

*Baruch atah Adonai, mishan u'mivtach la'tzadikim*

Blessed are You O LORD, Who supports and safeguards the righteous.

### 13. Binyan Yerushalayim (Rebuilding Jerusalem)

And to Jerusalem Your city You shall return with mercy, and You shall dwell in it, as You have spoken. May You rebuild it soon in our days for eternity, [made ready as a bride adorned for her husband,] and may You establish [Messiah Yeshua on] the throne of David within it.

בָּרוּךְ אַתָּה יְהוָה בּוֹנֵה יְרוּשָׁלָּיִם

*Baruch atah Adonai, boneh Yerushalayim*

Blessed are You, O LORD, Builder of Jerusalem.

### 14. Malchut Ben David (Davidic Reign – Yeshua the Messiah)

May the [kingdom of Yeshua the Messiah, the] offspring of David, Your Servant, flourish speedily and exalt His honor with Your salvation. For Your salvation we hope all day long. [Amen. Come, Adonai Yeshua.]

בָּרוּךְ אַתָּה יְהוָה מְצַמֵּיחַ קֶרֶן יְשׁוּעָה

*Baruch atah Adonai, matzimiach keren yeshuah*

Blessed are You, O LORD, Who makes the Horn of Salvation to flourish.

### 15. Tefillah (Acceptance of Prayer)

Hear our voice, O Lord our God. Have mercy and compassion for us, and accept our prayers mercifully and willingly, for You are God who listens to prayers and supplications. From before Yourself, our King, turn us not away empty handed, for You hear the prayer of Your people Israel mercifully.

[בְּשֵׁם יְשׁוּעַת הַמָּשִׁיחַ אָמֵן]

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*[b'shem Yeshua haMashiach, amen.]*

[In the name of Yeshua the Messiah, amen.]

בָּרוּךְ אַתָּה יְהוָה שׁוֹמֵעַ תְּפִלָּה

*Baruch atah Adonai, shome'a tefillah*

Blessed are You, O LORD, Who hears prayers.

### 16. Avodah (Service)

Be favorable, O LORD our God, toward Your people Israel and to their prayer, and restore the most holy service of Your house. Accept in love the offerings and prayers of Israel, and may the service of Your people, Israel, always be favorable to You. May our eyes behold Your return to Zion in mercy.

בָּרוּךְ אַתָּה יְהוָה הַמְחַזֵּר שְׁכִינָתוֹ לְצִיּוֹן

*Baruch atah Adonai, hamachazir shekhinato l'Tzion*

Blessed are You, O LORD, Who restores His presence to Zion.

## 17. Modim (Thanksgiving)

We thank You, for You are ADONAI, our God and the God of our forefathers forever and ever. The Rock of our lives, the Shield of our salvation, You are in every generation. We thank You and tell Your glory for our lives which are in Your hands, and for our souls that are entrusted to You, and for Your miracles that are with us every day, and for Your wonders and favors that happen all the time, evening and morning and noon. The Good One, for Your compassion was not exhausted, and the Compassionate One, for Your merciful deeds have not ended; always have we put our hope in You. For all these, may Your name be blessed and exalted, our King, always, forever and ever; and all the living will thank You and praise Your name truly, O God, our salvation and help.

בָּרוּךְ אַתָּה יְהוָה הַטּוֹב שְׂמֵךְ וְלֵךְ נְאֻה לְהוֹדוֹת

*Baruch atah Adonai, hatov shimcha ulecha na'eh l'hodot*

Blessed are You, O LORD, the Good One is Your name, and You are proper to thank.

## 18. Sim Shalom (Establish Peace)

Establish peace, goodness, and blessing, graciousness, kindness, and compassion upon us, and upon all Israel Your people. Bless us our Father, all of us as one, with the light of Your countenance; for with the light of Your countenance You gave us, O LORD our God, [Yeshua the Messiah,] the Torah of Life, and a love of kindness, righteousness, blessing, compassion, life and peace.

May it be good in Your eyes to bless Your people Israel, in every season and in every hour with Your peace.

בָּרוּךְ אַתָּה יְהוָה הַמְבָרֵךְ אֶת עַמּוֹ יִשְׂרָאֵל בְּשָׁלוֹם

*Baruch atah Adonai, hamevarech et amoh Yisra'el bashalom*

Blessed are You, O LORD, Who blesses His people Israel with peace.

## Imrei Fi (The Words of My Mouth)

יְהִי לְרָצוֹן אִמְרֵי־פִי וְהִגִּיוֹן לִבִּי לְפָנֶיךָ יְהוָה צוּרִי וְגֹאֲלִי

*Yihyu l'ratzon imrei fi, v'hegyon libi, l'faneicha, Adonai tzuri v'go'eli*

May the words of my mouth and the meditation of my heart be acceptable before You, O LORD, my Rock and my Redeemer. (Psalm 19:15)

## Kaddish

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּה בְּעֵלְמָא דִּי בְרָא כְרַעוּתֵהּ

*Yitgadal v'yitqadash shemeh rabbah be'al'ma di vera kir'uteh*

Magnified and sanctified be His great name in the world that He created as he willed.

May He establish His kingdom during our lifetime, and during our days, and during the life of the whole house of Israel, even swiftly and soon; and we say: Amen.

May His great name be blessed forever.

Blessed, praised, glorified, exalted, extolled and honored, magnified and lauded be the name of the Holy One, blessed be He; though He is high above all blessings and songs, praises and consolations which are uttered in the world; and we say: Amen.

May there be abundant peace from heaven, and life, for us and for all Israel; and we say: Amen.

עֲשֵׂה שְׁלוֹם בְּמְרוֹמָיו הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ  
וְעַל כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵבֶל וְאֹמְרוּ אָמֵן

*Oseh shalom bimromav hu ya'aseh shalom aleinu*

*v'al kol Yisra'el v'al kol yoshvei tevel v'imru amen*

May He who makes peace in His heights make peace upon us

And upon all Israel and upon on all who dwell in the earth, and we say: Amen

## Raui haSeh (Worthy is the Lamb)

רְאוּי הַשֶּׁה שְׁנִשְׁחַט

*Raui ha-seh shannish'chat*

Worthy is the Lamb who was slain,

To receive power and riches and wisdom and might and honor and glory and blessing. To the One seated on the throne and to the Lamb be blessing and honor and glory and power forever and ever.

Great and wonderful are Your deeds, Adonai Elohei-Tzva'ot! Just and true are Your ways, O King of the nations. Who shall not fear and glorify Your name, O Lord? For You alone are Holy. All the nations shall come and worship before You, for Your righteous acts have been revealed.

## V'ne'emar (And It Will Be Said)

וְנִאֲמַר וְהָיָה יְהוָה לְמֶלֶךְ עַל כָּל הָאָרֶץ  
בַּיּוֹם הַהוּא יְהִיָּה יְהוָה אֶחָד וְשִׁמוֹ אֶחָד

*v'ne'emar v'hayah Adonai l'melech al kol ha'arets*

*bayom ha-hu yihyeh Adonai echad u'sh'mo echad*

And it will be said, The LORD will be king over all the earth,

And in that day the LORD will be one, and His name One.